

Ph: 334-687-4007 | Fax: 334-687-7050 General Information

Welcome and Thank you for choosing **Eufaula Physical Therapy + Wellness.** It is our goal to provide you with a high quality rehabilitation treatment plan individualized to meet your specific needs. So that we have a mutual understanding concerning your treatment, we ask that you review the following information prior to starting your program.

**Appointments:** Typically, appointments will be scheduled with your therapist 1 to 3 times per week. We ask that you make every effort to keep appointments and to arrive by your scheduled time. **Paperwork must be completed by your appointment time or we will need to reschedule.** If you arrive more than fifteen minutes late for an appointment, we cannot guarantee that you will be seen that day. Please help us to serve you (and all of our patients) better by keeping scheduled appointments.

**Workers' Compensation Patients:** In consideration of other patients, we need to firmly adhere to our 24-hour cancellation policy. If you miss or cancel any appointments, we will notify your referring physician, WC insurance company and nurse case manager in writing of missed appointments. If you miss and/or cancel at least 3 appointments at our discretion, we may put your physical therapy treatment on HOLD until you follow up with your referring physician and obtain a new written physical therapy treatment order to resume with your treatment.

**Clothing:** Please wear loose and comfortable clothing for each session, we have changing rooms and lockers for your convenience.

Fees: \$25 nonsufficient funds return check fee.

**Payment:** You are responsible for all payments of service rendered by **Eufaula Physical Therapy + Wellness LLC**, whether your insurance company pays or not. Although we will do our utmost to assist in gathering information regarding claims payment, it is your responsibility to know your benefit and coverage limits as well as which services require authorization. Please note your insurance contract is between you and the insurance company. Our relationship is with you and not your insurance company. **Payment is due at the time of service for copays**, **deductibles**, **services deemed non-covered by your insurer and any other items addressed herein**. Budget payments are available on an individual consideration basis. We accept cash, check, all major credit cards, and money orders. If your account becomes delinquent, collection proceedings will occur and you will be 100% liable for any collection fees, attorneys and court cases incurred by Eufaula Physical Therapy to collect said fees from the Responsible Party.

**Rules for Plans of Nonparticipation:** We will provide the service of submitting claims to your insurer if we are nonparticipating; however, if payment is not received within 90 days from the date of service, the bill then becomes your financial responsibility. You are responsible for our entire charge less any payment from your insurer. If we do not participate with your secondary (or any non-primary) insurer, you are responsible for that portion of your bill at the time of service. If at any time you have any questions about your treatment program, please bring your concerns to the attention of your therapist. Also, our office staff is available to answer any questions regarding insurance, scheduling and to assist you in any way that will make your participation in your program here more convenient and worthwhile.

**Cell Phone Policy:** Cell phone usage is **strictly prohibited** in the gym area during your treatment time due to HIPPA regulations.

# EUFAULA PHYSICAL THERAPY+ WELLNESS REGISTRATION FORM

\*\* Please Print \*\*

TODAY'S DATE: PRIMARY MD.					REFERRI	REFERRING MD.					
				ΡΑΤ	IENT	INFORMAT	ION				
LAST NAME: FIRST NAME: MIDDLE			E:	□ Mr. □ Miss □ Mrs. □ Ms.			MARITAL STATUS (Circle One) Single / Mar / Div / Sep / Wid				
IS THIS YOUR LEGAL NAME? Ves No	IF NOT, WHAT IS YOUR LEGAL NAME?			GAL	(FORMER NAME):			DATE OF BIRTH: AGE:		Sex:	
MAILING ADRESS:	1				SC	OCIAL SECURI	TY NO:			HOME: # CELL:# (	• •
CITY: STATE:			ZIP C	ODE: EMAIL ADRESS:							
OCCUPATION:				EMPL	OYEI	ER: EMPLOYERS #: ( )					
** Are you currently r ** If yes, indicate your			vou rece	<mark>vived I</mark>	Hom			vast 60 days vice/dischar			
	** P	lease giv			-	E INFORM	-	e recentionis	:† **		
Please give your inst       PERSON RESPONSIBLE FOR BILL:       DATE OF BIRTI       /			RTH:	ADDRESS (IF DIFFERENT): ADDRESS (IF DIFFERENT): CELL # ( )			)				
OCCUPATION: EMPLOYER:				EMP	IPLOYER ADDRESS: EMPLOYER PHONE #: ( )			ONE #:			
Is the patient covered b					<u></u>				•		
Patients relationship to NAME OF PRIMARY IN			⊔ Spou	ise ⊔	Child						
	ISONANCE					NAME			UNAN	CL.	
SUBSCRIBERS NAM	IE:	SUE	BSCRIBE	RS SSI	N:	SUB	SUBSCRIBERS NAME: SUBSCRIBERS SSN		RIBERS SSN:		
DATE OF BIRTH: / /	POLICY	POLICY #: GROUP		IP #:	DATE (	PATE OF BIRTH:		POLICY #: GF		GROUP #:	
				IN C	ASE	OF EMERGE	NCY				
NAME OF LOCAL FRIEND OR RELATIVE: RELATIONS			SHIP	P TO PATIENT: HOME/CELL #:		:	wo (	) )			
The above information is tru financially responsible for ar required to process my clain	iy balance. I a										
Patient Signature								Date			
Guardian Signature (if uno	der 18 years	of age)							<mark>Date</mark>		

#### EUFAULA PHYSICAL THERAPY + WELLNESS PATIENT HEALTH QUESTIONNAIRE <u>\*\*All Questions Must Be Answered\*\*</u>

Patient Name	Date	
When did your symptoms start? / /		
Describe your symptoms		
What is your goal for therapy?		

How often do you experience your symptoms?

 $\Box$  Constantly (76%400% of the day)

 $\Box$  Frequently (51%-75% of the day)

□ Occasionally (26%-50% of the day)

 $\Box$  Intermittently (0%-25% of the day)

What describes the nature of your symptoms? (Check all that apply)

□ Sharp □ Shooting

□ Dull Ache □ Burning

□ Numb □ Tingling

How are your symptoms changing? (Check one below)

Getting better

□ Not changing

Getting worse

Your symptoms are worse in the:

MorningAfternoon

□ Increased during the day □Night □Same all day

## What movement causes the pain to increase? \_

During the past 4 weeks: (Circle to indicate)

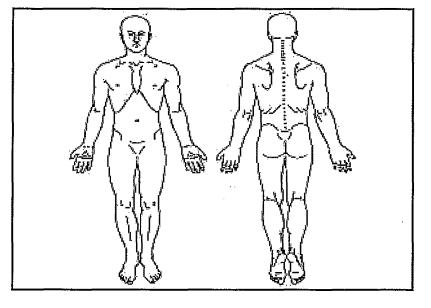
Indicate the intensity of pain at rest: No Pain 0 1 2 3 4 5 6 7 8 9 10 Unbearable Pain

#### Indicate the intensity of pain with movement: No Pain 0 1 2 3 4 5 6 7 8 9 10 Unbearable Pain

How much has it interfered with your normal work (including home and housework)? (Check one below)

$\Box$ None of the time	□ A little bit	Moderately	Quite a bit	Extremely
What makes your problem be (Check all that apply)	tter?	<ul> <li>Nothing</li> <li>Lying Down</li> </ul>	<ul><li>Standing</li><li>Sitting</li></ul>	<ul> <li>Movement/Exercise</li> <li>Inactivity</li> </ul>
What makes your problem wo (Check all that apply)	rse?	<ul><li>Nothing</li><li>Lying Down</li></ul>	Standing Sitting	<ul> <li>Movement/Exercise</li> <li>Inactivity</li> </ul>

## Indicate where you have pain or other symptoms: (MARK PICTURE WHERE YOU HAVE PAIN)



## EUFAULA PHYSICAL THERAPY +WELLNESS HEALTH QUESTIONNAIRE -2-

Patient Name		Date			
During the past 4 weeks with friends, relatives, e		condition interfered w (Check one below)	th your social activities? (Exampl	le: visiting	
$\Box$ All the time $\Box$ Most	of the time  Some of the time	$\Box$ A little of the time	□ None of the time		
e , .	<b>ay your overall health right no</b> D Poor	w is (Check one belo	w) 🗆 Excellent 🗖 Very Good	1	
□ No One □ Chi	your symptoms? (Check one be ropractor	Physical Therapist			
	<b>I for your symptoms and when</b>				
Did you have surgery?	Yes No Date o	f Surgery if applicable:	/ /		
	□ Part Time □ Self Employed		Not Currently Working		
-	Osteoarthritis		r		
Heart attack	Rheumatoid Arthritis				
□ Stroke	Arthritis				
□Asthma			vitv		
			-5		
Tumor	□Tobacco Use packs/day				
Systemic Lupus	Drug or Alcohol Depend				
	Dizziness/Balance Proble	ems			
Cancer	Metal Implants				
Hospitalization/Surgical Proc	edures (list if not described elsew	where):			
	D**				
Patient Signature		Date			
Parent or Legal Guardian's Si	gnature (if under 18 years of age	<mark>e)</mark>			

# **Eufaula Physical Therapy**

+ Wellness

# **Acknowledgement of Privacy Policy**

## IN SIGNING THIS POLICY...

You assign your insurance benefits directly to **Eufaula Physical Therapy** + **Wellness LLC**, you authorize Eufaula Physical Therapy to release any medical information necessary for clinical or claims payment purposes, you certify all information given is correct to the best of your knowledge, you agree to release all treatment records upon request. Your signature on this document serves as a "signature on file" for all claims submitted to your insurance company for services rendered.

#### Circle one

- Yes No The practice has my permission to call my home number to confirm appointments and may leave a message on my answering machine or with the person answering the phone.
- Yes No The practice may contact me at work to reschedule appointments or confirm existing appointments.

#### Notice of Privacy Practices and Patient Acknowledgment Form

**Eufaula Physical Therapy + Wellness LLC** is required by a federal law known as "The Health Insurance Portability' and Accountability Act" (**FHP** AA) to maintain the privacy of your medical and health information; also referred to as "Protected Health Information" (PHI).

Our notice of Privacy Rights and Practices describes how information about you may be used and disclosed and how you may obtain access to this information. Please review it carefully. When we use or disclose your Protected Health Information, we are required to abide by the terms of the notice (or any other Notice in effect at the time of the use of the disclosure).

You have the right to request in writing that we restrict how Protected Health Information about you is used or disclosed. We are not required to agree with this restriction, but if we do, you will receive written confirmation of our agreement to which we will be bound.

Your signature below constitutes your acknowledgement that you have received a copy of our Notice of Privacy Rights and Practices, and your consent under federal and state laws to the kinds of uses and disclosures of Protected Health Information mentioned in our Notice.

#### Authorization for Patient Release of Information

I the undersigned, hereby authorize **Eufaula Physical Therapy + Wellness, LLC** and my attending physician to release my Protected Health Information (PHI). I have received and reviewed a copy of the Eufaula Physical Therapy's Notice of Privacy Rights and Practices and I understand that **Eufaula Physical Therapy + Wellness LLC**. will only disclose the minimum information necessary for my treatment and payment of my services according to the Health Insurance Portability and Accountability Act (HIPPA/US. Department of Justice 5 U.S. C 552a (b) regulating protected health information (PHI).

Continued....



#### **Authorization for Patient Release of Information**

I understand that I have the right to limit the kind of information released. I further understand that I have the right to revoke this consent at any time by written request to my provider.

"The Undersigned" hereby acknowledges that he/she has reviewed all the terms and conditions on both pages of this form and agree to the same.

Patient Signature	Date	
Legal Guardian or Authorized Representative Signature ** <i>If under the age of 18, parent or legal guardian must</i>		

QuickDASH - Initial	Patient name:

#### INSTRUCTIONS

This questionnaire asks about your symptoms as well as your ability to perform certain activities.

Please answer every question, based on your condition in the last week, by circling the appropriate number.

If you did not have the opportunity to perform an activity in the past week, please make your best estimate of which response would be the most accurate.

It doesn't matter which hand or arm you use to perform the activity; please answer based on your ability regardless of how you perform the task.

#### 1. Please rate your pain level with activity: NO PAIN = 0 1 2 3 4 5 6 7 8 9 10 = VERY SEVERE PAIN

	NO DIFFICULTY	MILD DIFFICULTY	MODERATE DIFFICULTY	SEVERE DIFFICULTY	UNABLE
1. Open a tight or new jar	1	2	3	4	5
2. Do heavy household chores (e.g., wash walls, floors).	1	2	3	4	5
3. Carry a shopping bag or briefcase.	1	2	3	4	5
4. Wash your back	1	2	3	4	5
5. Use a knife to cut food.	1	2	3	4	5
6. Recreational activities in which you take some force or impact through your arm, shoulder or hand(e.g., golf, hammering, tennis, etc.).	1	2	3	4	5
	NOT AT ALL	SLIGHTLY	MODERATELY	QUITE A BIT	EXTREMELY
7. During the past week, to what extent has your arm, shoulder or hand problem interfered with your normal social activities with family, friends, neighbors or groups?	1	2	3	4	5
	NOT LIMITED AT ALL	SLIGHTLY LIMITED	MODERATELY LIMITED	VERY LIMITED	UNABLE
8. During the past week, were you limited in your work or other regular daily activities as a result of your arm, shoulder or hand problem?	1	2	3	4	5
Please rate the severity of the following symptoms in the last week. (circle number)	NONE	MILD	MODERATE	SEVERE	EXTREME
9. Arm, shoulder or hand pain.	1	2	3	4	5
10. Tingling (pins and needles) in your arm, shoulder or hand.	1	2	3	4	5
	NONE	MILD	MODERATE	SEVERE DIFFICULTY	SO MUCH DIFFFICULTY THAT I CAN'T SLEEP
11. During the past week, how much difficulty have you had sleeping because of the pain in your arm, shoulder or hand? (circle number)	1	2	3	4	5

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Therapist Use Only						
Comorbidities:	□Cancer □Diabetes □Heart Condition □High Blood Pressure □Multiple Treatment Areas	<ul> <li>Neurological Disorders (e.g., Parkinson's, Muscular Dystrophy, Huntington's</li> <li>Obesity</li> <li>Surgery for this Problem</li> <li>Systemic Disorders (e.g., Lupus, Rheumatoid Arthritis, Fibromyalgia)</li> </ul>	, CVA, Alzheimer's, TBI)			